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MAGAZINE



Articles in Planet Powai





Rotary Club of Bombay Powai Honours Academic Excellence at a Grand Ceremony

Day 1 Inspire year; 8 projects in a day



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Note from the editor

In Rotary, August is celebrated as the Month of Fellowship and New Club Development. It is a time to strengthen bonds among Rotarians and foster new friendships. The month also highlights the importance of reaching out to new clubs, thereby creating wider avenues for service and impact.

This edition, themed on Friendship, embraces the vibrant colours of yellow and purple. The coverpage and Ghibli from installation pictures is AI generated.

Our power couple - Dr. Varsha and Kisore exemplifies discipline and humility, while our fashionista -Anupama Vaidya shines as someone truly beautiful— both inside and out.

Our fellow Rotarians proudly marked RCBP's presence in overseas clubs.

The hard work and numerous projects we undertake truly reflect Rotary's motto – Service Above Self.

Moreover, to entertain our smart Rotarians and challenge their sharp minds, this edition brings Sudoku and Number Sums.

Thank you for your support, encouragement, and enthusiasm. I hope you all enjoy this edition!!

And yes, RCBP truly rocks!

Krutee Ranpara

Inside the mind of PRESIDENT

Dear Friends, Warm greetings to each of you.

As we celebrate August as Membership and Friendship Month, we are reminded of the beautiful synergy between these two pillars of our Rotary journey.

Welcoming new members is always a joybut more than that, it feels like discovering new friends. There's an instant connection, a shared sense of purpose, and a quiet understanding that we are all here to serve, uplift, and grow together. Membership, then, is not just a name on a list—it's a bond built on shared values, a commitment to community, and a promise to stand by one another through triumphs and trials. Each member brings their own spark, and

when those sparks unite, we create a radiant force for change.

So let us continue to open our arms and hearts to new members. Let us nurture friendships that inspire action, build bridges, and strengthen our collective spirit. Because when friendship and membership walk hand in hand, we don't just build clubs—we build legacies that endure.

And so, from my desk, I say once again—with pride and conviction—

"सब का साथ, club का विकास".

Together, we grow. Together, we serve. Together, we build a legacy that reflects the heart of our community.

Let us continue to welcome with warmth, connect with purpose, and lead with compassion.

With warmth and gratitude,

Rtn. Anju Ahluwalia

President, Rotary Club of Bombay Powai.



fashionista



Elegant and composed, she carries her leadership roles with poised authority. A corporate saree-clad lady with impeccable taste in fashion, she blends professionalism with timeless style.



How would you describe your personal style in one sentence?

A: I would describe my style as effortlessly elegant and gracefully bold, inspired by royal charm, leaving a powerful, unforgettable statement.

Do you have a go-to outfit that instantly boosts your confidence?

A: Always my Lucknowi kurtas—whether for a high-profile dinner or a quick market run, they fit every occasion with understated elegance. They've become my signature style; I own over 20 in different colours. Like Steve Jobs and his black turtleneck, I never overthink itit just works.

How do you strike a balance between traditional Indian wear and contemporary fashion trends?

A: My heart belongs to Indian wear -especially saris. While I do wear contemporary Western outfits at times, I feel most like myself in Indian ensembles. Even in a room full of western outfits, a well-draped sari stands apart. I don't chase trends; I enjoy redefining them in my own way.

What role do accessories-like jewellery, bags, and shoes-play in your overall look? Every morning, I spend a few thoughtful minutes mixing and matching my outfit, jewellery, and accessories. I love coordinating my look, and yes — I change my handbag almost every day! It may sound like a task, but I've made it super efficient with neatly organised pouches that transfer from one bag to another in under two minutes.

I'm a big fan of watches and love colourcoordinating them with my outfit.

While I'm particular about handbags and overall presentation, when it comes to footwear, comfort is non-negotiable. I may not follow trends blindly, but I do love heels.

And what about makeup—how does it enhance

your fashion statement?
A: For me, dressing well is about aligning inner joy with outer presentation. When you take care of yourself—both inside and out—it reflects in your self—both inside and out—it reflects in your self. aura. I believe subtle makeup plays a key role too, not to stand out loudly, but to stay fresh, radiant, and maintain a composed aura throughout the day. Especially when you're influencing others or driving change, your energy needs to uplift the space you're in.

Makeup has always been something I enjoyed,

though I drifted from it for a while. It was my daughter, Ishita, who reintroduced me to it and brought back the joy. I like keeping things minimal. I use golden drops, they are something I absolutely love, they give a beautiful glow, especially for functions and events. Gold, in any form, just lifts the face effortlessly.



Is there a fashion item or accessory you never leave home without?

I'm an absolute watch lover. I have an entire box of them, and I make it a point to match one with every outfit. Watches and rings are non-negotiables for me. I may forget my earrings or a neckpiece, but never my watch and rings. They're truly my style essentials or I may say my style anchors!

Let's talk colours—what shades do you naturally

gravitate towards?
Black has always been my comfort zone, but green holds a special place in my heart. Over time, I felt the need for more variety and started exploring colours that still felt elegant and true to me. Green has always drawn me in, and now I find myself gradually leaning toward softer shades — especially pastels.

Have you had moments where your fashion choices

influenced others around you?
About 15 years ago, I started designing my own blouses with net or georgette sleeves and borders tracing the arms. It began purely for company, but the styling caught everyone's eye and soon became quite popular. People would ask me about the design, and slowly I saw similar patterns appear everywhere. I used creative combinations of fabrics smartly for a unique look. My first experiment was with a black sari, and it still feels special to know I unknowingly set a trend.

Where do you usually shop—designer stores, local markets, or online platforms?

Local markets over designer boutiques - more variety, better value. I enjoy variety and practicality. Also, nothing beats the joy of seeing, feeling, and choosing a sari in person. While I've occasionally explored online shopping, I've rarely been impressed. That said, I recently picked up a stunning handwoven Kashmiri Kani sari online – it was on the higher side of the price range, but truly worth it, and the clear return policy helped seal the deal.

Do you set a budget for your fashion spending, or do you go with the flow when something speaks to you? Value for money is always at the heart of my choices. I believe in how a sari makes me look and feel rather than what the price tag says. If it offers the grace and presence of a high-end piece, it wins my heart instantly. But if it falls short on elegance, no matter the cost, I won't even consider it.

Fashion dream on your bucket list?

Mrs. India was definitely on my bucket list. I just never took myself seriously enough to pursue it then. Interestingly, with pageants now for my age group, I may just give it a try to experience it all the way.



let's play!!

SUDOKU

1	2		8		6			9
		6		7	1	8	2	3
7				4				5
6	7	1		2	3			8
3		5				2	1	
	4		1	9		6	3	
	6			3			5	
9		7				3		2
5				1	9		8	6

SUDOKU RULES (STANDARD 9X9 GRID):

- 1. EACH ROW MUST CONTAIN THE NUMBERS 1 TO 9, WITHOUT REPETITION.
- 2. EACH COLUMN MUST ALSO CONTAIN THE NUMBERS 1 TO 9, WITHOUT REPETITION. THE GRID IS DIVIDED INTO NINE 3×3 BOXES (ALSO CALLED REGIONS, BLOCKS, OR SUBGRIDS).
 3. EACH 3×3 BOX MUST ALSO CONTAIN THE NUMBERS 1 TO 9, WITH NO REPEATS

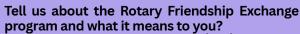
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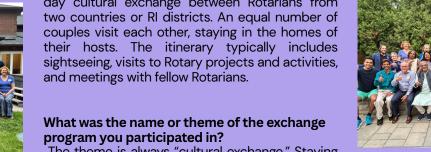
ROTARY FRIENDSHIP EXCHANGE

As part of the Rotary Friendship Exchange, Dr. Kamalini Pathak and Atul Pathak travelled to Canada, experiencing its culture, connecting with fellow Rotarians, and building lifelong friendships.

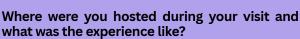




The Rotary Friendship Exchange (RFE) is a 10-12 day cultural exchange between Rotarians from



The theme is always "cultural exchange." Staying in their homes allows us to experience their culture up close-seeing their way of life, their Rotary work, and sharing our own culture in return when they visit us. We also exchange gifts as part of the tradition.



We stayed in the homes of local Rotarian families across Ottawa, Kingston, and Montreal. The experience was truly beautiful, leaving us with lifelong memories. Even though we met for the first time, the bonding was instant-thanks to the Rotary spirit. Our hosts treated us like family,



takeaway-friends for life. We return with cherished memories, admiration for community work they do, and gratitude for the warmth and hospitality we experienced.







TWO CAREERS ONE ISION



She's a Disciplined gynecologist; he's a witty entrepreneur. Together, they blend dedication and delight, creating a thriving partnership.

Featuring - Dr. Varsha and Kishore Degwekar

Two different personalities, two different careers – how did you two meet?

V: Academic excellence runs on both sides of the family—mostly IITs and IIMs. I'm the lone doctor on my side and was certain I wouldn't marry doctor. When his proposal came along, I welcomed it.

K: Well, 'the rendezvous' was arranged by family but the alliance was sealed by Daphne Du Maurier and Ayn Rand! It was "my cousin Ravi" who brought us together. After talking to her, I found my "Fountainhead".

One sure-shot way to make the other smile?

V: A good meal especially if it's the fillet of fish with a glass of Chardonnay (No more wine for him, Alas!) then it is a guaranteed smile.

K: Flowers on her birthday especially orchids of colours matching the décor. Even a bill paid on time or a cup of tea with ginger and lemongrass in the morning. These are a few of her favourite things.

Dr. Varsha, picture this — you're a young wife who's just come home after performing three deliveries and one complicated surgery. It's late evening, you're exhausted, the staff hasn't turned up, there's no food on the table.? Kishore wants to dine out. How did you actually react in such situation?

V: Oh, such situations did happen! . But I've always had a knack for fixing a meal in 15–20 minutes. I would never dine out just to have a square meal. It has to be an experience.

K: Varsha finds it easier to fix a meal at home rather than get ready again to go out.

Kishore, were you born into wealth, or have you built your empire from scratch?

K: I was actually born into an extremely wealthy family. I still remember our kothi — a grand mansion, our Rolls-Royce and a horse wagon. All luxuries had started tarnishing by the time I came of age.

We had to start from scratch and build our destinies all over again once we moved to Mumbai.





Do you think beauty lies in the eyes of the beholder?

K: Yes, I think beauty lies in healing others and helping those in need. Beauty lies in intellect and knowledge.

If angry, who's the first to give in?

V: Honestly, neither of us really gets angry. I am a planner by nature. And, as things stand, I am always right and if in doubt, read it again. (grins)

K: No point in arguing when one is facing the judge, jury and the wife. (laughs)

How are you both on the health front? Who takes the lead? And who's more likely to come up with an excuse to skip exercise?

K: Both of us take our health seriously. I make it a point to hit the gym, play golf, and clock in around 5,000–7,000 steps a day. Varsha, on the other hand, is the real stickler — especially when it comes to food. Being a doctor, she understands the science and nutrition and keeps a close watch on our diet. She's incredibly disciplined with her 45 minutes of daily yoga — not a single day missed. We also make sure to get our regular health check-ups. For us, fitness is about staying strong and energetic, not just about being slim.

Tell us about your children. Did you allow them to choose their careers? If they didn't choose the same profession as yours, how did you feel about it, and how did you express those feelings?

K: Ours son Aakash is elder and Avani is younger. Aakash is an engineer-MBA, just like me. But the decision was actually triggered by a visitor. One day, a guest compared him with his cousin and casually mentioned that the cousin studying at IIT would get a high-paying job, while Aakash could only expect a modest salary in IT. This remark challenged him, and he decided to pursue his education abroad.

V: Avani's journey was different and close to my heart. She had a Learning Disability and we had a "Taare Zameen Par" plot at home. Fortunately, both the children are doing well in life.

What is one memorable case you'll never forget?

V: A patient once arrived already in labour, and I had to manage the delivery alone. The baby was very large, but with God's grace all went well and the mother had minimal injury. The baby, weighing over five kilos, was later recorded in the Limca Book of Records.

K: In my early business days, I received a large export order with a tight deadline and a small team. We worked tirelessly, often round the clock, with some even sleeping on the factory floor. It was exhausting but fulfilling, and I'm forever grateful to my team's dedication.

Why is Rotary such an important part of your life?

K: We've been part of Rotary for thirty years, and we've seen firsthand how the collective intelligence, dedication, and resources of Rotarians can create a real impact. Together, we can reach people who truly need help—and at just the right time. It's only possible because our club is filled with like-minded people who genuinely care.

V: In Rotary, there's something for everyone — anyone who wants to work will always find the kind of service that inspires them.



Advice to young Rotarians?

K: Join Rotary to make a real difference in society. Stay committed, the longer you remain, the more you'll witness the good it creates. Don't join with networking as your primary goal; that will happen naturally. First comes service to society, and the joy you feel from serving will stay with you far longer than any business connection.

Clockwise from top right: Abhijeet, Avani, Dr. Varsha, Ritika, Aakash and Kishore



In the true spirit of fellowship, Rtn. Ashok Singh recently visited the Rotary Club of Singapore East, District 3310. His visit strengthened cross-border bonds and showcased Rotary's commitment to friendship without boundaries.

How did the invitation to visit the club come about?

In April '25, a casual dinner in Singapore turned into a Rotary moment. Hearing "Rotary" at the next table, I introduced myself—and within minutes, drinks, selfies, and an invite to their next meeting followed.



How would you describe your overall experience with the club?

I was welcomed at the registration table with a name sticker and guided to my seat, complete with a nameplate—just like a corporate setup. Warm introductions followed, with members exchanging beautifully designed visiting cards.



Would you say the spirit of Rotary and fellowship felt the same across both countries?

Every member (except guests) wore their club jacket with a Rotary pin—a sight to behold. With a member as MC, time management and the agenda were followed to the tee. Their hospitality, warmth, and camaraderie were infectious—just like being in a flourishing club back home in India.





MY NAME STICKER



WITH PE MS ANNIE



NUMBER SUMS

Number Sums is a logic puzzle where you must select numbers in a grid to match given row and column sums. The goal is to find the correct combination of numbers that satisfy all the clues. You can play with different grid sizes and difficulty levels.

Here's a breakdown of the rules:

1. The Grid:

You're presented with a grid of numbers.

There are clues (sums) on the sides of the grid, indicating the total sum for each row and column.

2. The Task

The objective is to highlight the correct numbers within the grid to match the given sums.

You'll need to decide which numbers to keep and which to exclude.

3. Marking Numbers:

Circle the numbers which are a part of solution and cross our ones to exclude.

4. Solving the Puzzle:

Each puzzle has a unique solution.

You need to ensure that the sums of the highlighted circled numbers in each row and column match the totals above the columns and besides the corresponding rows and columns. The sum of circled numbers in the colour coded groups should total the highlighted no at the top of the group.

5. Tips for Playing:

Start by looking for obvious clues or patterns.

Consider the size of the numbers in relation to the target sums.

Eliminate numbers that are too large or too small to be part of a valid solution.

If you're stuck, try looking for numbers that must be included or excluded based on the remaining possibilities.

	33	15	33	18	3	6	30	32
21	178	5	9	1	8	7	4	4
14	8	6	5	5	¹⁶ 3	⁶ 1	3	6
24	9	5	7	4	7	6	9	6
20	2	4	9	5	5	2	5	3
22	7	8	1	5	5	5	7	9
15	2	4	7	1	8	7	6	7
33	9	6	2	8	7	3	9	7
21	5	6	3	10 6	8	7	6	4

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Highlights of July Projects

ANNAPURNA PROJECTS

RCBP carries out its Annapurna Mid-Day Meal Seva every Wednesday and Thursday. Meals are served across 8 NGOs, each receiving support once a week. Rotarians sponsor meals to celebrate birthdays, anniversaries, or special moments. A contribution of ₹3,000 or ₹4,500 is made to the RCBP account. The funds are then directed to the respective NGO. This ritual spreads joy, nourishment, and togetherness. A true celebration of service through sharing happiness.

























EYE SCREENING PROJECTS

RCBP along with LTPCT Eye Screening Project for school children aims to detect and address vision problems at an early stage, ensuring every child has the opportunity to learn and grow without visual barriers. Through free on-site eye check-ups conducted by certified optometrists, we identify common vision problems. Children in need are provided with free spectacles and referrals for further treatment if required. This initiative supports academic performance, boosts confidence, and promotes overall well-being, reflecting our commitment to healthier, brighter futures for the next generation.

















8 eye screening camps were held in the month of July. The schools that were covered are Mumbai Public School, Dhanraji Pal Vidyalaya, Kushabhau School, Guru Nanak High School & Junior College, BMC School, Mother Teresa School, Adarsh Vidyalay Urdu High school

Health Screening Camps

L&T Realty in collaboration with Rotary Club of Bombay Powai and under the aegis of LTPCT organized a Free medical checkup camp along with Implementation Partners JV Gokul Trust and Family Planning Association of India. Services offered in this camp were: (1) Doctor's Consultation (2) Medicines Dispensing (3) NCD Screening (Diabetes, Anemia, High Blood Pressure (4) Eye Check-up & Spectacles distribution (5) Family and Reproductive Health Education (6) Referral Services. General Health check ups, blood parameters like Hbg and Sugar levels were checked. Vision screening with Cataract detection and cataract surgery referrals was done.

A total of 25 health camps were held in July month of Inspire year.



















Other Projects

MBA admission fees for Komal and Sachin, underprivileged siblings





Donation of ceiling fans and wall fans at National Industrial home for blinds



Project at Aanganwadi No.18 - A green board (8x4 feet) * A water container * Educational charts and recreational games * ₹5,000 in cash for classroom painting.



Distribution of School Kits- Shobhadevi Hindi School



Distribution of 1000 Notebooks At Ekta Mahila Samitee



A live demonstration on safe practices while using gas in kitchens-Green Lawns School



installation and Speaker Meet at RCBP

Installation Ceremony







The Installation Ceremony for the Rotary Club of Bombay Powai for the Rotary Year 2025–26 was held on 26th July 2025 at Rodas Hotel, Hiranandani, Powai

Suhani Shaam







A unique fellowship evening where RCBP members come together to unwind with Bollywood music & singing.

Speaker Meet







First speaker's meeting for the year featured the inspiring presence of Sri Gaurmandal Das

Answer key to July Editiont

Emoji Quiz

1 📕 🛮 🧐 🛜 🌹	Software Engineer
2 2 2	Real Estate Agent
3 9 % 9 🛚 📽	Gardener
4 👽 📼 🥡	Usher
5 6 9 6	Receptionist
6 4 % 2 1	Tailor
7 曼迪莱曼库	DJ
8 7 4 4 5 8	Plumber
9 🕏 🔊 📞	Pharmacist
10 💆 😨 🚭	Zoologist
11 祭開為第	Veterinarian
12 P & N ∏ ♣	Singer
13 😎 🐰	Magician
14 0 9 8	Fortune Teller
15 🖁 🖆 🕸	Sailor
16	Electrician
17 🔅 🕲 👓	Optometrist/Ophthalmologist
18 😲 👓 🗟	Professor
19 🥹 🗑 / 🐪	Dental hygienist
20 🦁 🔥 🚑 🐧	Fire Fighter
21 💯 🞬 🚍 🞇	Director/Producer
22 💍 🤋 🤿 💜 💝	Psychologist
23 0 1 % 1	Beautician
24 📰 🖳 🎤 👺	News Reporter
25	Paramedic

Sudoku

9	1	3	6	7	2	4	8	5
4	2	7	5	8	1	3	9	6
5	6	8	9	4	3	7	1	2
7	5	9	1	6	8	2	3	4
2	4	1	7	3	5	9	6	8
3	8	6	2	9	4	1	5	7
8	3	2	4	1	6	5	7	9
1	9	4	8	5	7	6	2	3
6	7	5	3	2	9	8	4	1

Winners:

Print Version: Vanamali Soft Copy: Atul Khosla









Inspire Year President Anju Ahluwalia of Rotary Club of Bombay Powai appeals to you to support the noble cause of "Polio Eradication"

Donate as much as you can — Every contribution COUNTS.



Merchant Name : Mobile Number : Rotary Club of Powai Trust 9987154034

Please mention "polio" while donating and send a screenshot to
President Anju at +91 98203 10486.





